

Melissa H. Windham, Ph.D., LPC-S, NCC, NCSC

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EDUCATION

Doctorate of Philosophy, 2012

Regent University, Virginia Beach, VA

CACREP-Accredited Counselor Education & Supervision Program

Master of Science, 2001

University of South Alabama, Mobile, Alabama

School Counseling

Vocational Rehabilitation Counseling

Bachelor of Science, 1997

University of Southern Mississippi, Hattiesburg, Mississippi

Psychology

ACADEMIC AND PROFESSIONAL EXPERIENCE

Associate Clinical Professor, August 15, 2024

Mississippi State University, Meridian, MS

Assistant Clinical Professor, 2019 – August 14, 2024

Mississippi State University, Meridian, MS

Professional School Counselor, 2012 – 2019

Pascagoula-Gautier School District, Pascagoula, Mississippi

Lead Counselor, 2009 – 2012

Mississippi Gulf Coast Community College, Gautier, Mississippi

Professional School Counselor, 2005 – 2009

Gautier High School, Gautier, Mississippi

COUNSELOR EDUCATION EXPERIENCES

Assistant Clinical Professor, 2019 – Present

Mississippi State University, Meridian, MS

COE 4050, Seminar for Guidance Counseling

COE 4743/7643, Gender Issues in Counseling

COE 6990, Best Practices in School Counseling

COE 6990, Critical Incidents in School Counseling

COE 8023, Counseling Theory

COE 8053, Practicum in Counseling

COE 8063, Research Techniques for Counseling

COE 8073, Cultural Foundations in Counseling
COE 8150, Academic Field Experience I
COE 8173, Counseling Gifted Children
COE 8203, Placement and Career Development
COE 8303, Family Counseling Theory
COE 8783, Counseling the Chemically Dependent Family
COE 8730, Internship in Counseling
COE 8740, Academic Field Experience II
COE 8903, School Counseling Service
COE 8913, Counseling Children
COE 8923, Seminar in School Counseling
COE 9013, Counseling Supervision

Adjunct Professor, 2016 - 2018

University of Southern Mississippi, Hattiesburg, MS
FAM 675, Practice of Family Research
SCS 692, Special Problems in School Counseling Research
SCS 611, Career Development and Information Services

Adjunct Professor, 2013 - 2018

Regent University, Virginia Beach, VA
CES 763, Supervision and Consultation
COUN 514, Counseling Children and Adolescents
COUN 516, Principles of School Counseling
COUN 523, Practicum and Advanced Skills
COUN 526, Theories of Counseling
COUN 532, Assessment Techniques in Counseling

ADDITIONAL TEACHING & TRAINING EXPERIENCE

Assistant Clinical Professor, 2019 – Present

Mississippi State University – Meridian, MS
EDF 3413, Writing for Thinking
EPY 3253, Evaluating Learning

Graduate Teaching Assistant, 2011 – 2012

Regent University, Virginia Beach, VA
COUN 521, Counseling Skills and Techniques
COUN 562, Community Counseling
CES 763, Supervision and Consultation

Adjunct Professor, 2006 – 2012

Mississippi Gulf Coast Community College, Gautier, MS
PSY 1513, General Psychology
PSY 2533, Human Growth and Development

Adjunct Professor, 2003 - 2005

University of Southern Mississippi, Hattiesburg, MS

PSY 331, Medical Aspects of Rehabilitation

PSY 450, Social Psychology

PUBLICATIONS

Windham, M., Young, A., & Walsh, R. (Eds). (in press). *School Counseling Internship: Bridging a gap between training and practice*. Cognella Inc.

Windham, M., Nicks, M. & Operton, R. (in press). Navigating the Educational System. In Windham, M., Young, A., & Walsh, R. (Eds), *School Counseling Internship: Bridging a gap between training and practice*. Cognella Inc.

Windham, M.(in press). Professional Development Pathways for School Counselors. In Windham, M., Young, A., & Walsh, R. (Eds), *School Counseling Internship: Bridging a gap between training and practice*. Cognella Inc.

Xiong, Y., & **Windham, M.**(in press). Student Wellness. In Windham, M., Young, A., & Walsh, R. (Eds), *School Counseling Internship: Bridging a gap between training and practice*. Cognella Inc.

Young, A. **Windham, M.**, & Walsh, R. (in press). Introduction. In Windham, M., Young, A., & Walsh, R. (Eds), *School Counseling Internship: Bridging a gap between training and practice*. Cognella Inc.

Windham, M., Rehfuss, M., Williams, C., Pugh, J. & Tincher-Ladner, L. (2014), First-year community college student retention. *Community College Journal for Research and Development*.

- *Class of 2015 Award - journal's most-read articles of the year*
- *Reviewed for inclusion in the What Works Clearinghouse Intervention Report, an initiative of the U.S. Department of Education's Institute of Education Sciences.*

Windham, M. (2010), Group counseling for college student leaders. *The Compass, Mississippi Counseling Association Newsletter*, Summer, 19-20.

Windham, M. (2010). Matching job descriptions to personality preferences.

Career Convergence Magazine.

http://associationdatabase.com/aws/NCDA/pt/sd/news_article/32718/_PARENT/layout_details_cc/false

Windham, M. (2010). Stay connected - It makes a difference. *SACES Newsletter*, Summer, 10. http://www.saces.org/newsletter/newsletter_summer_2010.pdf

Davis, P., Headley, K., Bazemore, T., Cervo, J., Sinkinger, P., **Windham, M.**, & Rehfuss, M. (2010). Evaluating impact of transition seminars on missionary kids' depression, anxiety, stress and well-being. *Journal of Psychology & Theology*, 38(3), 186-194. Retrieved from EBSCOhost.

PROFESSIONAL LICENSES AND CERTIFICATES

Licensed Professional Counselor (LPC) #1359
Licensed Professional Counselor Supervisor (LPC-S) #476
National Certified Counselor (NCC) #245861
National Certified School Counselor (NCSC) #245861
Mississippi Educator's License, Guidance Counselor K-12, #157877

PROFESSIONAL MEMBERSHIPS

American Counseling Association (ACA)
Chair, Southern Region, 2021 - 2022
Chair Elect, Southern Region, 2020-2021
Mississippi Association of School Administrators (MASA)
Affiliate Board Member, 2022-present
Mississippi Counseling Association (MCA)
Chair, Interprofessional Relations, 2022-present
Parliamentarian, 2021-2022
Member, Strategic Planning Council, 2021-2022
Chair, Strategic Planning Council, 2020-2021
Past President, 2020-2021
President, 2019-2020
President-Elect, 2018-2019
Secretary, 2016-2018
Conference Co-Coordinator, 2015
Emerging Leader, 2013-2014
Conference Committee, 2011
Mississippi School Counselor Association (MSCA)
Vice President, High School Division, 2017 - 2018
Gulf Coast Region, Mississippi Counseling Association
Past President, 2016-2017
President, 2015-2016
President-Elect, 2014-2015

HONORS AND AWARDS

Fellow, Education Policy Fellowship Program, Institute for Ed. Leadership, 2022-2023
Leadership Award, 2022 Southern Region, American Counseling Association
Nominated: 2022 Irvin Atly Jefcoat Excellence in Advising Awards, MS State University
Nominated: 2022 Clyde Muse Service Award, College of Education, MS State University
Lauderdale Leadership, East MS Business Development Corporation, 2021-2022

LEADERSHIP

Vice Chair, MS State Board of Examiners for LPCs, 2023-present
Graduate Coordinator, Mental Health Programs, Division of Education, 2023-present
Graduate Coordinator, Division of Education, MSU Meridian, 2022- 2023
Coordinator, Student Wellness Program, P.A. Studies, MSU Meridian, 2022-present
Program Administrator, NBCC, Counselor Education, MSU Meridian, 2021-present
Coordinator, CACREP Program Accreditation, MSU Meridian, 2021-present
Coordinator, Leaders Mentoring Program, Div of Education, MSU Meridian, 2021-2022
Program Coordinator, Counselor Ed, Div of Education, MSU Meridian, 2020-present
Field Placement Coordinator, Counselor Education, MSU Meridian, 2019-2023

PROFESSIONAL SERVICE

Governor Appointed Board Member, MS State Board of Examiners for Licensed Professional Counselors, 2022-present
Chair, Faculty Search Committee, Counselor Education, MSU Meridian, 2024
Member, Faculty Search Committee, Clinical Psychology, MSU Meridian, 2023
Member, Faculty Search Committee, Counseling Psychology, MSU Meridian, 2023
Chair, Faculty Search Committee, Counselor Education, MSU Meridian, 2023
Member, Wellness Committee, College of Education, MSU, 2022-2023
Member, Faculty Search Committee, Physician Assistant Studies, MSU Meridian, 2022
Member, Faculty Search Committee, Secondary Education, MSU Meridian, 2022
Chair, Faculty Search Committee, Counselor Education, MSU Meridian, 2021
Member, Counselor Education Advisory Board, MSU, 2020-present
Outreach Team, Division of Education, MSU Meridian, 2019-2020
Co-Sponsor, Allied Health Student Organization, 2019-2020
School Counseling Advisory Board, University of Southern Mississippi, 2017
School Counseling Advisory Board, Pascagoula High School, 2016-2018
Student Achievement and Growth Committee, Pascagoula High School, 2016-2018
Strategic Planning Council, Pascagoula Gautier School District, 2016-2017
Safe and Orderly School Committee, Pascagoula High School, 2016
School Health Council, Pascagoula High School, 2015-2018
Book Reviewer, Character Publishing, 2014
Data Team, AdvancEd Accreditation Site Visit, Pascagoula High School, 2013
Chair, Coordination & Research Subcommittee, QEP, MGCCC, 2011-2012
Chair, Guidance Committee, MGCCC, Jackson County Campus, 2011
Member, Operation 200 Graduation Committee, 2010-2012
College Representative, Leadership Jackson County, Chamber of Commerce, 2010
Member, Nursing Program Transition Committee, 2010
Coordinator, Quality Enhancement Plan (QEP), Jackson County Campus, 2009-2012
Member, QEP Implementation College Committee, 2009-2012

PROFESSIONAL PRESENTATIONS

**Denotes Invited*

International Presentations:

- *Windham, M. (2022). *What Every College Student Should Know about Emotional Wellness*. Keynote at Phi Theta Kappa Leadership Institute, Flowood, MS.
- *Windham, M. (2022). *Minding Your Mental Health*. Phi Theta Kappa Leadership Institute, Flowood, MS.

National Presentations:

- Neuer-Colburn, A. & **Windham, M.** (2022). *Supervision Competencies: An Ethical Primer*. Law and Ethics in Counseling Conference, Virtual.
- Windham, M. (2016). *From Old Model Training to ASCA National Model Practice*. American School Counselor Association Conference, New Orleans, LA.
- Brue, J. & **Windham, M.** (2015). *Developing students' ethical competence through narratives and role-play*. Association for Counselor Education and Supervision Conference, Philadelphia, PA.
- Brue, J., **Windham, M.**, & Suarez, E. (2011). *Developing professional identity in first year counselors-in-training through a process of self-awareness and relational mentoring*. Association for Counselor Education and Supervision Conference, Nashville, TN.
- Wykes, S., Bazemore, T., Cervo, J., Coleman, N., Sickinger, P. & **Windham, M.** (2011) *A Disclosure of Substances: A School Counselor's Guide*. Christian Association for Psychological Studies Conference Poster Session, Indianapolis, IN.
- Windham, M., Lawley, J. & Lyddon, W. (2004). *The adolescent consumer in a media saturated world*. Constructivist Psychology Network, Memphis, TN.

Regional Presentations:

- *Windham, M. (2022, January). *Why Leadership Matters*. American Counseling Association Southern Region Leadership Training. Virtual Meeting.

State Presentations:

- *Windham, M. & Strebeck, R. (2023, November). *Ethics in School Counseling*. MS Counseling Association Fall Conference. Biloxi, MS
- *Windham, M. & Nicks, M. (2023, October). *The Business of Wellness in Administration*. MS Association for School Administrators Annual Conference. Jackson, MS

- Windham, M. & Nicks, M. (2023, July). *Teacher Wellness, Perspective and Emotional Awareness*. MS Department of Education Elevate Conference. Jackson, MS
- McCleon, T., Hennington, C. & **Windham, M.** (2023, June). *Comprehensive and Collaborative Approach to Mental Health Services in the Community and Schools*. Making Connections Conference. Biloxi, MS
- *Windham, M., Killen, C., Thomas, J., Chaney, B., & Cooper, R. (2022, June). *Increasing Student Success with Strong Administrator Counselor Relationships Parts 1 & 2*. Mississippi Association of Secondary School Principals Conference. Biloxi, MS
- Windham, M. & Sumrall, B. (2022, June). *The Impact of Strong Administrator/Counselor Relationship on Student Success*. Making Connections Conference. Biloxi, MS
- *Windham, M. & Cain, J. M. (2022, February). *Increase Student Success with Strong Administrator/Counselor Relationships*. MS Department of Education. Virtual Workshop
- *Windham, M. & Lemon, J. (2021, November). *The Administrator's Role in Mental Health*. MS Association for School Administrators Annual Conference. Jackson, MS
- *Pannell, M.B., **Windham, M.** & Lemon, J. (2021, November). *Ethics, Efficacy and Leadership in the Counseling Profession*. MS Counseling Association Fall Conference. Biloxi, MS
- *Windham, M. & Lemon, J. (2019, November). *Mental Health Crisis in Schools*. MS Association for School Administrators Annual Conference. Jackson, MS
- *Windham, M., Balkin, R., & Beals, G. (2019, November). *Leadership Contributions to Counseling; Directions from MACES*. MS Counseling Association Fall Conference. Biloxi, MS
- *Lemon, J., McCormick, J., **Windham, M.**, & Neuer-Colburn, A. (2017, November). *Supervision Matters for All: Increasing Competence, Improving Efficacy and Identifying Why it Matters*. Pre Conference Learning Institute, Mississippi Counseling Association Conference, Tupelo, MS.
- *Windham, M. (2017, June). *Writing a Leader's Story*. Mississippi Girls State, Hattiesburg, MS.
- Windham, M. & Fry, M. (2015, November). *Teaching Digital Citizenship to the iGeneration: A School Counselor's Role*. Mississippi Counseling Association Conference, Biloxi, MS.
- *Sumrall, S. & **Windham, M.** (2015, November). *Are You Ready for MCAR?* Mississippi Counseling Association Conference, Biloxi, MS.

- *Barefoot, D., & **Windham, M.** (2015, July). *Making it Work*. M-CAR Training, Mississippi Counseling Association Workshop, Biloxi, MS.
- *Windham, M. (2015, June). *Greatness Within*. Mississippi Girls State, Starkville, MS.
- Windham, M. & Jackson, K. (2011, May). *The role of mental health counseling in the community college counseling center*. Mississippi Association of College Student Affairs Professionals Conference, Oxford, MS.
- *Windham, M. (2010, June). *Leadership Development*. Mississippi Girls State, Hattiesburg, MS.
- Lawley, J., Chamberlain, A. & **Windham, M.** (2004, October). *Group therapy in a boot camp setting: an integration of two theoretical approaches*. Mid-Regional School Psychology Conference, Tunica, MS.

Local Presentations:

- *Windham, M. (2024, 2023, 2022). *Managing Expectations*. MSU Meridian Master of Physician Assistant Studies Program. Meridian, MS.
- *Windham, M. (2024, 2023, 2022). *Understanding Emotional Wellness*. MSU Meridian Master of Physician Assistant Studies Program. Meridian, MS.
- *Windham, M. (2024, 2023). *Burnout, Stress and Wellness Strategies*. MSU Meridian Master of Physician Assistant Studies Program. Meridian, MS.
- *Windham, M. (2022). *Wellness and Self-Care Strategies*. MS Teacher Residency Induction Camp. Meridian, MS.
- *Windham, M. (2020). *School Counseling Matters*. East Mississippi Center for Educational Development, Inc. School Counselor Consortium, Meridian, MS.
- Suddeath, E. & **Windham, M.** (2019). *Best Practices in Clinical Supervision*. MSU Meridian Department of Counseling Lunch and Learn. Meridian, MS.
- *Windham, M. (2019). *Best Practices for Using Supervision and Consultation Effectively*. MCA Gulf Coast Fall Workshop. Gulfport, MS.
- *Windham, M., & Heath, M. (2014). *Creative Counseling*. Gulf Coast Counseling Association Workshop, Gulfport, MS.
- *Windham, M. (2013). *Bridging the gap: Generational differences in the workplace*. Chamber of Commerce Summer Learning Institute, Pascagoula, MS.

Windham, M. & Jackson, K. (2011). *Emotional Awareness*. Mississippi Gulf Coast Community College Professional Development, All campuses, MS.

*Windham, M. (2011). *Leadership Development*. Involving Girls in Today's Energy (IGNITE) Conference, Gautier, MS.

Windham, M. (2011). *AOP Team Building*. College wide in-service, Gautier, MS.

Windham, M. (2010). *Authentic Leadership*. Administrative Retreat, Gulfport, MS.

Windham, M. (2009). *QEP Implementation*. College Winter Meeting, Gautier, MS.

Windham, M. (2008). *Understanding Poverty*. Faculty In-Service, Gautier, MS.

Professional Interviews:

Windham, M., (2014). *Preparing for the Empty Nest*. News Mississippi Radio

Windham, M., (2013). *Avoiding the Holiday Blues*. News Mississippi Radio