JEWEL LYNNE SHIRLEY

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EDUCATION

PsyD.; Combined Health Service Psychology To be conferred

Emphasis: Clinical Psychology

Mississippi State University, Meridian, MS

Advisor: Dr. Tawny McCleon

M.S.; Educational Psychology May 2023

Emphasis: Applied Behavior Analysis GPA 4.0

Mississippi State University, Starkville, MS

Advisor: Dr. Hailey Spinks

B.M.; Music Therapy May 2021

Minor: Psychology GPA 4.0

William Carey University, Hattiesburg, MS

Advisor: Dr. Jim Pierce

LICENSURE AND CERTIFICATIONS

Certification

Board Certified Behavior Analyst (BCBA) 2023-2025

Board Certified Music Therapist (MT-BC) 2021-2026

Licensure

Licensed Behavior Analyst (License Number: 220097) 2023-2026

TEACHING EXPERIENCE

Mississippi State University-Meridian, MS

2023 – Present

Fall 2027

Educational Psychology Undergraduate Program Coordinator & Instructor

COE 4013 Facilitative Skills Development

EPY 3503 Principles of Educational Psychology

EPY 3513 Scientific Writing in Behavioral Sciences

EPY 3543 Psychology of Adolescence

EPY 4073 Personal and Motivation Factors

EPY 4103 Behavior Analysis for Behavior Technicians

EPY 4113 Principles of Behavior Analysis

Guest Lectures

MTH 3003 Principles of Music Therapy

Fall 2023

At the request of Ms. Melanie Freeman, instructor of music therapy at William Carey University, provided a lecture on utilizing a multi-modal approach within music therapy for undergraduate music therapy majors, discussing working with an interdisciplinary treatment team and incorporating various therapeutic approaches to address client needs.

Jumpstart Site Manager, Meridian Division of Education August 2021 – August 2023

- Recruited undergraduate/graduate students to participate in a weekly literacy education program with preschoolers in the Meridian Public School District.
 - o In 2021-2022, recruited 5 students to serve at 2 partner sites.
 - o In 2022-2023, recruited 7 students to serve at 2 partner sites.
- Developed relationships with partner school(s) and teachers.
- Trained students to implement Jumpstart curriculum within partner classrooms.
 - <u>Training topics included:</u> creating inclusive classroom environments, supporting social-emotional language development, reading with young children, and breaking down each element of the Jumpstart session.
- Scheduled weekly classroom visits, team meetings, trainings, and video recordings as necessary.
- Supervised Jumpstart team members within partner classrooms to ensure program quality.
- Compiled classroom data from partner classrooms to evaluate effectiveness of programming.

$\begin{tabular}{ll} \textbf{Meridian Public Schools}, Meridian, MS \end{tabular}$

February – May 2021

Jumpstart Team Leader for MSU-Meridian Jumpstart team

- Implemented weekly virtual Jumpstart sessions for 16 weeks via video recording.
 - Broke weekly vocabulary words into simplified terminology and provided both examples & non-examples to students.
 - o Modeled successful reading comprehension practices via live modeling.
- Organized & led weekly team meetings to collaborate with other members of the Jumpstart team.
- Met with Jumpstart site manager one time weekly to discuss session progress & convey team concerns/questions.

RESEARCH EXPERIENCE

Mississippi State University, Meridian, MS Board-Certified Music Therapist

2023

- Partnered with three local nonprofit organizations, Meridian Symphony Association (MSA); Special Place for Others to Thrive (SPOT); Leadership Lauderdale, to form a self-care workshop series for caregivers of special needs individuals.
 - Population was chosen due to a lack of support resources within the community.
- Implemented Perceived Stress Scale-10 (PSS 10) with voluntary participants over 3 monthly meetings.

- Conducted wellness education music therapy sessions utilizing techniques of relaxation drumming, progressive muscle relaxation, & mindfulness.
 - o <u>Topics included:</u> stressor identification, prioritizing values, & coping with stress to avoid burnout.
- Implemented pre- & post-workshop questionnaires to evaluate social validity of workshop series.
- Discussed longevity of programming with nonprofit organizations to form a special needs caregiver support group in the Meridian community.

Undergraduate Research Dissertation, William Carey University, Hattiesburg, MS 2020 Title: The effects of five-week psycho-educational music therapy training on stress reduction with undergraduate college students: A literature review and experiment design.

Advisor: Jim Pierce

- Researched stress's effects on body and lifestyle of individuals, targeting circumstances of increased perceived stress on undergraduate students.
 - Population was chosen due to participant availability and the reported increase in stress amongst undergraduate students compiled from 2018 & 2019 data.
- Under advisor's guidance, designed five psycho-educational music therapy trainings with additional supporting handouts.
 - o <u>Topics included:</u> stressor identification, developing healthy coping strategies, time management, recognition of consequences, & positive self-talk.
- Under advisor's guidance, completed IRB application for William Carey University and received approval to run the experiment during February 2020 February 2021.
- Under advisor's guidance, developed consent to participate and demographic forms and sent to current undergraduate William Carey students via mass email.
- Due to COVID-19 pandemic, research involving human contact at William Carey University was paused from March of 2020 until August of 2021.
 - Reorganized undergraduate thesis to conceptual design rather than an empirical study.

ADDITIONAL EXPERIENCE

Alliance Health Center, Meridian, MS **Contract Board-Certified Music Therapist**

2023-Present

- Developed population-specific treatment plan templates for music therapy groups.
- Implemented music therapy groups from 2 to 4 days per month for 6 hospital units.
 - Male/female adolescents, psychosis patients, emotional/mood disorder patients, transitioning/outpatient services.
- Documented all music therapy groups with individualized group notes in compliance with hospital documentation format.
- Trained in hospital safety & competence protocols, including completing additional yearly competence trainings.

Meridian Symphony Association, Meridian, MS **Board-Certified Music Therapist**

2022 – Present

• Developed population-specific treatment plan templates for music therapy groups.

- Implemented 3 weekly groups for Alzheimer's/dementia patients in various sites.
 - One group was formed via a partnership with Anderson Regional Medical Center and included patients & their caregivers.
- Documented all music therapy groups with individualized group notes.
- In compliance with Meridian Symphony Association's mission to educate the community, compiled research and developed educational handouts/brochures regarding music therapy's effectiveness with Alzheimer's/dementia patients.

The Perfect Child – Meridian, Meridian, MS Board-Certified Behavior Analyst (BCBA)

2022 - Present September 2023 – Present

- Monitored and made weekly protocol revisions for individuals with autism based on individualized corresponding behavior intervention plans.
- Supervised behavior technician weekly to ensure accurate protocol implementation and provide guidance as needed.
- Conducted monthly caregiver training sessions with parents.
- Conducted reassessment and/or assessments for clients every 6 months.
 - Conducted assessments including ABLLS, Socially Savvy, etc., as appropriate for the clients.
 - Updated progress reports and graphs for stakeholders to easily assess.
 - o Reviewed completed behavior intervention plan with caregivers.

Registered Behavior Technician

2022 – June 2023

- Implemented behavior protocols for an individual with autism based on corresponding behavior intervention plan for 12 hours per week.
 - o Recorded data to reflect client's performance on behavior protocols.
 - Met with parent(s) to discuss session results and any discrepancies before closing each session.
- Attended two weekly supervision meetings with supervising board-certified behavior analyst (BCBA).
- Consulted with BCBA on treatment plan modifications and documentation procedures.
 - Submitted documentation of treatment plan modifications for BCBA's approval & subsequent inclusion in behavior protocol.
- Under supervision of BCBA, conducted parent education training with client's parents on various behavioral procedures/concepts or addressing parent concerns.

Meridian Community College, Meridian, MS **Technical Writing Assistant**

2021

- Assisted Meridian Community College with their 2020 SACSCOC decennial reaffirmation.
 - o Compiled data from database into assessable and comprehendible tables.
 - o Formatted documents to reflect professional style.
 - o Proofread various document sections for inaccuracies and other fallacies.

Pine Belt Mental Health, Hattiesburg, MS Student Music Therapist

2018 – March 2020

- Developed population-specific treatment plan templates for music therapy groups.
- Implemented 2 weekly music therapy groups for the adults with intellectual disabilities branch of Pine Belt Mental Health.
 - Population was chosen by advisor, Jim Pierce, due to community grant funding.
- Trained in organization safety & competence protocols.

PUBLICATIONS

Journal Publications

Leffler, J. (Principal), Zhbanova, K., and Shirley, J. L. [Manuscript in Process]. *Any Given Child: Effects of arts integration on K-12 students' academic achievement and motivation to learn.*

PRESENTATIONS

Shirley, J. L. (March 2024). *Protect the castle: The importance of personal self-care on therapeutic professions.* Paul D. Cotton Music Therapy Workshop for Students, Senatobia, MS, March 8, 2024.

Shirley, J. L. (October 2023). *The Sound of Silence: Utilizing music therapy techniques to reduce stress and maximize values within your personal and professional life.* Mississippi Early Childhood Association Annual Conference, Meridian, MS, October 13, 2023.

Shirley, J. L., & Nunnery, R, (June 2023). *Let's Get Together: A multimodal approach to using music therapy in conjunction with counseling on a multidisciplinary treatment team.* Mississippi Licensed Professional Counselor Association Annual Conference, Gulfport, MS, June 2, 2023.

Shirley, J. L. (April 2023). *Let's Get Together: A multimodal approach to using music therapy in conjunction with counseling on a multidisciplinary treatment team.* F. E. Woodall Spring Conference for the Helping Professions, Cleveland, MS, April 14, 2023.

PROFESSIONAL TRAINING

NeuroRhythm Music Therapy Services, LLC, Colorado Springs, CO
Music Therapy Intern

2020

- Trained in company safety & competence protocols, including completing additional quarterly competence trainings.
- Researched and discussed Neurologic Music Therapy (NMT) specific protocols with supervisor.
- Researched and discussed Applied Behavior Analysis (ABA) principles, concepts, and incorporating an ABA framework within music therapy practice with supervisor.
- Implemented music therapy protocols for individuals with various diagnoses based on corresponding music therapy treatment plan.

- During first 3 months, sessions were supervised by clinic director, who took the primary role.
- O During last 3 months, many sessions were unsupervised, and clinic director took a secondary role.
- Documented all music therapy sessions with individualized notes in compliance with company documentation format.

PROFESSIONAL AFFILIATIONS

American Psychological Association (APA), 2024 – Present Student member.

Mississippi Psychological Association (MPA), 2024 – Present Member.

Behavior Analysis Association of Mississippi (BAAMS), 2021 – Present Member.

American Music Therapy Association (AMTA), 2021 – Present Member.

COMMUNITY SERVICE

Bethany Baptist Church, Meridian, MS
Vacation Bible School

2021 - Present

Bethany Baptist Church, Meridian, MS
Pianist

2014 - Present

REFERENCES

Dr. Hallie Smith, Assistant Professor, Program Coordinator of Applied Behavior Analysis The Department of Counseling, Higher Education Leadership, Educational Psychology, & Foundations

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508 Allen Hall, Mailstop 9727

Mississippi State, MS 39759

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Dr. Hailey Spinks, Assistant Clinical Professor, Applied Behavior Analysis Program The Department of Counseling, Higher Education Leadership, Educational Psychology, & Foundations

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Dr. Rosanne Nunnery, Associate Clinical Professor, Counseling Education Program Meridian Division of Education
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